



the mission
continues
CENTER FOR CITIZEN LEADERSHIP

High School Community Service and Youth Leadership Programs

High School Program Contents

If you would like to perform 25 Hours of community service

James Suh-School Supply and Toy Drive
Riley Baker-Youth Sports Clinic or Coaching Project
Charles Kitowski-Animal Aid
Soldier's Memorial Again Projects-Silver--SAS
Mo Veteran's Home Inter-Generational Fun Project—SAS

If you would like to perform 50 Hours of community service

James Suh-School Supply and Toy Drive
Riley Baker-Youth Sports Clinic
Charles Kitowski-Animal Aid
Soldier's Memorial Again Projects-Silver—SAS
Mo Veteran's Home Inter-Generational Fun Project—SAS
2 Star Service-2 different, 25 hour projects

If you would like to perform 75 Hours of community service

Soldiers Memorial Again Projects-Platinum
James Suh-School Supply and Toy Drive
Riley Baker-Youth Sports Clinic
Charles Kitowski-Animal Aid
Soldier's Memorial Again Projects-Silver--SAS
Mo Veteran's Home Inter-Generational Fun Project—SAS
3 Star Service-3 different, 25 hour projects

If you would like to perform 100 Hours of community service

James Suh-School Supply and Toy Drive
Riley Baker-Youth Sports Clinic
Charles Kitowski-Support Dogs project or Animal Aid- SAS
Soldier's Memorial Again Projects-Silver--SAS
Mo Veteran's Home Inter-Generational Fun Project—SAS
Grand Slam Service-4 different, 25 hour projects (variations are acceptable)

Projects denoted with SAS are eligible for our Show-Up And Serve program.

We know students are busy and although planning your own project can be rewarding, some of you may simply want to register your community service, contact the facility and then show-up and serve.

There is no real planning that goes into these particular projects.



Dear Youth Volunteer,

the mission continues challenges veterans to continue their mission of service at home, as they did in the military. Therefore, our Community Service and Youth Leadership Programs are no different. They challenge, in a fun way, students to lead your community service. At the same time, you can pay Tribute to fallen service members. Below are several ways to honor the legacy of service members and do something meaningful in your community. Some projects are housed at local charitable organizations, while others you can build the entire event. Whichever type of involvement you prefer there is a way to serve, do some good...and have fun.

Remember, you can always involve friends, family and teachers in your project. In fact, we recommend it. Welcome to our team and thank you for continuing our mission of service.

Chris Martinez

Director of Volunteer Outreach

Community Service and Youth Leadership Programs

Goals

1. Foster civic responsibility by helping students become invested in their community as service minded citizens
2. Promote students' problem solving and decision making skills
3. Meet the needs of the community by providing direct assistance through human involvement
4. Continue the mission of a veteran by living their beliefs

" Having students perform community service is seen as beneficial for both society and the individual. Community service provides staffing for community projects, prepares students for future roles in the community, and may provide students with experience they can use in their future careers."

Quote from the Condition of Education 1996.

Contact us for any of these areas of service

1. High school
2. Middle School
3. Elementary
4. Youth Groups
5. Teams
6. Faith Based Organizations

James Suh-School Supply and Toy Drive

Honor the memory of James and do it by living his beliefs. James loved children and was very concerned with their well being, especially when they are in tough circumstances. You can honor James and help kids by holding a School Supply and Toy Drive. The stuff you collect can be donated to one of two places that are close to James' heart. Boys and Girls Club of America or Operation Iraqi Children. To complete your community service and lead a Tribute to James just follow the simple steps below.

1. Read James' full bio on our website
<http://citizenleadership.org/wallofhonor.html>
2. Register your project by calling 314.588.8805 or sending an email request to volunteer@missioncontinues.org or cmartinez@missioncontinues.org
3. Download the James Suh Tribute Toolkit on our resources page, which will have you:
 1. Pick a start and collection date and charity
 2. Send out the email notice
 3. Post flyers and place boxes at 5-6 locations around town
 4. Go door to door with your flyers
 5. Get your school to participate and donate
 6. Collect your stuff
 7. Deliver the goods
 8. Tell your story

Riley Baker-Youth Sports Clinic

Make your community service work more meaningful by honoring the memory of Riley Baker. Riley was an athlete whose favorite sports included wrestling and Football. In Riley's honor help young athletes fulfill their potential through athleticism. Use what you have learned with your time as a high school student and/or athlete to help others get some of the opportunities you have had. We have two sports based programs that would have made Riley Baker proud to know were being performed in his honor:

Option1. Riley Baker Clinic

1. Contact a local gym, or parks department to reserve a venue
2. Contact high school and college coaches and invite them to your clinic
3. Contact local "youth in need" schools or youth organizations to let the kids (ages 6-13) know about your sports day clinic
4. Give the kids a chance to get coached by top coaches

Option 2. Riley Baker Coaching Project-SAS

1. Contact a local youth/sports organization and tell them that you are a high school student and/or athlete and want to volunteer with them in tribute to Riley Baker
2. Spend your service helping other's continue Riley's mission and passion of participation in team sports

Register your project by calling 314.588.8805 or sending an email request to volunteer@missioncontinues.org or cmartinez@missioncontinues.org

Charles Kitowski Tribute

Option 1 Animal Aid

Charles loved animals, and if you do too, you can honor Charles by working with animals at a local shelter, humane Society, or other reputable organization.

Option 2 Support Dogs Project

A great way to serve the community is to help raise a puppy for the first several weeks of its' life and then have support dogs complete the dog's training to become a Support Dog for those with a disability.

Option 3 Meals on Wheels

Charles also cared very deeply for the underprivileged and often volunteered at Meals on Wheels. You can organize your own Meals on Wheels Project through us and honor Charles' by continuing his mission of service.

Register your project by calling 314.588.8805 or sending an email request to volunteer@missioncontinues.org or cmartinez@missioncontinues.org

Soldier's Memorial Again Project- SAS

Make Soldier's Memorial new again. Honor our soldiers by renovating the facility, dedicated to their service. This also gives you the chance to help beautify the City of Saint. Plant, Paint, build, fix and make a difference.

Register your project by calling 314.588.8805 or sending an email request to volunteer@missioncontinues.org or cmartinez@missioncontinues.org

Missouri Veteran's Home Inter-Generational Fun Project

If you are considering doing a Tribute Project then you know the importance of veterans, and respect their sacrifices. In honor of veterans from Iraq and Afghanistan, why not serve those who also served for our country in generations past. Let them know that you, as a part of this generation appreciate what their generation did for us. And they are an excellent resource of wisdom and inspiration, and the lessons you learn from them you will carry with you for the rest of your life.

Register your project by calling 314.588.8805 or sending an email request to volunteer@missioncontinues.org or cmartinez@missioncontinues.org

you're ready

We have taken some time to offer you a number of projects. Hopefully, you are motivated by one of these. Many of these projects can be tailored to meet your desires to serve and how much time you plan to spend. We also want you to be able to focus on your community service so, we will track your hours and we make it easy on you to start.

Finally, if you think of another project to perform or fallen service member you may like to honor please call us and we will help you do so.

For Questions or to Register your project call 314.588.8805 or send an email request to volunteer@missioncontinues.org or cmartinez@missioncontinues.org
Or TEXT "SERVICE" to 314 518 6596

How wonderful it is that nobody needs to wait a single moment before starting to improve the world.

-Anne Frank